

### **ABOUT US**

**Montgomery Township** Community and Recreation Center offers a variety of recreational, social, cultural, educational programs and opportunities for people of all ages. The building is equipped with two full-size basketball courts, an indoor walking track, a fitness center, a game room, event rooms, an acessable playground, a splash pad & more. Memberships are available online or at the front desk. The Rec Center also offers many classes and programs. You do not have to be a member to sign up for these classes. Visit our website at **Montcrc.com** to find out about upcoming programs & events.



## **CONTACT US**

267-649-7200 1030 Horsham Road Montgomeryville, PA 18936 **Montcrc.com** 

#### Hours

Monday-Friday: 5:30am-8:00pm Saturday & Sunday: 8am-4pm







# MONTGOMERY TOWNSHIP COMMUNITY AND REC CENTER

Monterc.com







## **PROGRAMS**





Facility Director
Floyd Shaffer
267-649-7207
Fshaffer@montgomerytwp.org

Program Director
Angelina Capozzi
267-649-7208
Acapozzi@montgomerytwp.org



## **Fall Fitness Classes:**

Spin
Yoga
Zumba
Pilates Yoga Fusion
Pilates/Barre
Strength & Tone
Dance Party
Silver Sneakers Classic
Silver Sneakers Stability
Silver Sneakers Yoga Stretch
Silver Sneakers Cardio Circuit
\*More to come!



